

DINNER MENU

STARTERS

SOUP OF THE DAY	\$8.95
VEGETABLE GYOZA Vegetables, sweet chili & soy dip	\$12.50
ASIAN SPRINGROLL Pork, vegetables, sweet chili & soy dip	\$13.95
THE MIDNIGHT HAWK Crispy wings served with ranch, carrot sticks and choic of homemade sauces: BBQ, mango buffalo, garlic mozzarella, rosemary sea salt, gochujang sesame	
BBQ DRY RIBS Pork ribs tossed in BBQ sauce served with ranch sauce	
NACHO GRANDE Served with onion, tomato, banana pepper,Tex-Mex cheese, sour cream and Pico de Gallo GF	\$20.00
POUTINE Crispy fries, gravy and cheese curds.	\$14.95

ALPHA GREENS Heritage greens, quinoa, pickled cucumber, tomato, carrot, pickled beets, rice crisp & pumpkin seed finished with mango vinaigrette dressing VG GF	\$15.95
5oz CHICKEN BREAST	\$9.00

ALPHA MAINS

12 HRS SHORT RIB 12hrs slow braised short rib in red wine served with ya & squash puree, sautéed mushroom and broccolini GF	
BUTTER CHICKEN Chicken thighs cooked in tomato sauce, butter, cream and Indian spices, with jasmine rice and garlic naan	\$24.50
PESTO PRIMAVERA Linguine in a pepper, onion, mushroom, pesto rosé sauce, with shaved parmesan and garlic bread	\$21.95
CHORIZO LINGUINE Linguine in a pepper, onion, chorizo, bacon, rosé marinara sauce, shaved parmesan and garlic bread	\$24.95
THE GENTLE EARTH BOWL Soy bean patty, Korean sauce, lettuce, carrot, avocado, pickled cucumber, jasmine rice, gochujang	\$21.95
mayo drizzle VG ADD ON FRIED EGG	\$3.00

SALADS

WOLF CAESAR Baby romaine, garlic focaccia crouton, parmesan cheese and bacon bits tossed in roasted garlic & caper dressing	\$15.95
HALF SIZED SALAD	\$7.95

PIZZAS

12" STONE OVEN PIZZAS

ROCKY MOUNTAIN Pepperoni, chorizo, red pepper, mozzarella cheese and tomato sauce	\$23.95
ZEN PIZZA Mozzarella, red onion, tomato, pepper, mushroom, pesto, Parmesan cheese and tomato sauce VG	\$22.95
MEDITERRANEAN PIZZA Mozzarella, spiced chicken, tomato sauce, red pepper, red onion finished with oregano	\$25.95
SUBSTITUTIONS Substitute gluten free crust or add extra cheese	\$5.00

SANDWICHES

SERVED WITH YOUR CHOICE OF FRIES OR HOUSE SALAD

CLASSIC BURGER 5oz chuck & prime rib patty, lettu cheddar, onion ring on a soft bun aioli	· · · ·	\$24.95 \$3.00
HARISSA CHICKEN WRAP Harissa spiced chicken, avocado,	lettuce, tomato,	\$23.95
mozzarella cheese, avocado ranc	h, on a flour tortilla	
SUBSTITUTIONS		
Gluten free bun		\$3.25
Caesar salad		\$3.50
Sweet potato fries		\$3.95
Poutine		\$3.95



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Champagne mousse, strawberry swirl, dark chocolate shavings, vanilla cheese cake, berries, whipped cream & berry compote GF

KIDS MENU

ONE ENTRÉE AND DRINK	\$14.00
Cheeseburger with fries	
Pepperoni pizza	
Chicken fingers with fries	
Linguine Marinara	
ICE CREAM Vanilla or chocolate ice cream GF	\$5.00

SIDES

CRISPY FRENCH FRI	ES	\$7.95
SWEET POTATO FRIE	S	\$7.50
ONION RINGS		\$7.50
SLICED CHEESE		\$3.00
		+
NAAN BREAD		\$4.50

AVOCADO HALF	\$2.50
SOUR CREAM OR PICO DE GALLO	\$4.95
GRAVY	\$5.00
EXTRA SAUCE	\$2.95
GARLIC AND CHEESE TOAST	\$6.95