

# Breakfast

**CANADIAN BREAKFAST** \$13.50  
Two eggs any style with your choice of bacon, sausages or ham. Served with fried potato squares or hash brown patties and toast.

**ALPHA OMELETTE** \$13.95  
A three egg omelette with ham, tomato, mushrooms, fresh herbs and cheddar cheese. Served with fried potato squares or hash brown patties and toast.

**ROCKIES EGGS BENEDICT** \$14.95  
Two poached eggs, ham and cheddar cheese on an English muffin, topped with hollandaise sauce, served with fried potato squares or hash brown patties.

**ROCKY MOUNTAIN HASH** \$15.95  
Breakfast potatoes topped with, bacon, sausage, chorizo, fried grilled tomato, fried egg and cheddar cheese.

*Substitute your potatoes for fruit cup. \$2.95*

**STRAWBERRY PANCAKES** \$11.95  
Three fluffy pancakes topped with berry compote and finished with powdered sugar.

**HEALTHY STARTER** \$13.95  
Oat meal and home backed banana bread served with fresh sliced fruit, strawberry, kiwi and orange.

**BANANA STRAWBERRY SMOOTHIE** \$6.95  
Mixed Berries, banana, plain yogurt, fruit juice.

**MOUNTAINEER LUNCH TO GO** \$13.95  
Your choice of ham & cheese, tuna or egg salad sandwich. Served with a granola bar, whole fruit and bottled water or juice.

## Refreshments

COFFEE & TEA \$3.00  
HOT CHOCOLATE \$3.00  
MILK or CHOCOLATE MILK \$3.50 Lg. ✕ \$2.75 Sm.  
  
JUICE \$3.50 Lg. ✕ \$2.75 Sm.  
Apple / Orange / Pineapple / Grapefruit / Cranberry  
  
POP \$3.00  
Pepsi / Diet Pepsi / 7-up / Ice Tea / Ginger Ale

## Sides

OATMEAL \$5.00  
EGG SANDWICH \$6.75  
CEREAL BOWL \$3.00  
FRESH CUT FRUIT \$6.75 Bowl ✕ \$4.95 Cup  
PLAIN YOGURT CUP \$3.50  
TWO SLICES TOAST \$2.95  
BACON \$3.50  
SAUSAGE \$3.00  
HAM \$3.00



ALPHA

— BISTRO —

*Banff*  *Canada*